



## **TECHNICAL SPECIFICATION**

**PRODUCT :** **MEATBALLS IN TOMATO SAUCE WITH RICE 350g**

**INGREDIENTS:** Cooked rice 51% (water, rice, rapeseed oil, sunflower oil, salt), tomatoes 17%, meatballs 16% (pork, chicken, **wheat** flour, water, starch (**wheat**), salt, spices, **milk** protein, stabilizer: tetrasodium pyrophosphate, yeast extract, dextrose, glucose syrup, yeast, vegetable powder (onion, carrot, tomato), flavouring, sugar, rapeseed oil, sunflower oil), water, onions, tomato concentrate, cream (**milk**), sugar, modified starch, flavouring, bouillon (salt, maltodextrin, sacharose, vegetables (tomatoes, carrotss), flavouring, herbs, spices), rapeseed oil, sunflower oil, salt, herbs, spices

**ALLERGEN INFO:** For allergens see ingredients in **bold**  
Contains traces of soya, egg, mustard, celery. Produced in a company where nuts and peanuts are processed

**WEIGHT :** 350g e

**PREPARATION:** In microwave:  
Pierce both sides of film lid and cook on full power for 3 min. in a 750 W microwave. Leave for 1 minute and carefully peel back lid by pulling tab.

In Saucepan:  
Heat saucepan of boiling water. Place unopened tray in water and simmer for 15 minutes. Check food is piping hot throughout before serving. Carefully peel back lid by pulling tab.

**SHELF LIFE:** 12 months at room temperature without refrigeration.  
Packaged in a protective atmosphere.  
Consume immediately after opening.

**MICROBIOLOGY :** commercial sterile

### **NUTRITIONAL VALUES :**

<b>Nutritional values</b>	<b>100g</b>	<b>Portion (350g)</b>	<b>%RI/Portion</b>
Energy	529kJ/126kcal	1852kJ/441kcal	22%
Fat	4.4g	15g	22%
hereof saturates	1.4g	5.0g	25%
Carbohydrates	17g	60g	23%
hereof sugar	2.2g	7.7g	9%
Protein	4.0g	14g	28%
Salt	0.88g	3.1g	51%