



18/08/17

## **TECHNICAL SPECIFICATION**

**PRODUCT :** CHILI CON CARNE 350G

**INGREDIENTS :** Cooked rice 51% (water, rice, rapeseed oil, sunflower oil, salt), water, red beans 12%, minced meat 9% (beef, water, breadcrumbs (**wheat** flour, whole **wheat** flour, yeast, rapeseed oil, salt, malt extract (**wheat**)), salt, herbs, spices), onions 4%, tomatoes 4%, peppers 2%, modified starch, tomato concentrate, carrots 0.6%, corn 0.6%, herbs, spices, rapeseed oil, sunflower oil, **wheat** flour, salt, stock (salt, maltodextrin, saccharose, vegetables (tomatoes, carrots), flavouring herbs, spices), flavouring

**ALLERGEN INFO:** For allergens see ingredients in **bold**  
Produced in a company where peanuts and other nuts are processed

**WEIGHT :** 350g e

**PREPARATION:** In microwave:  
Pierce both sides of film lid and cook on full power for 3 min. in a 750 W microwave. Leave for 1 minute and carefully peel back lid by pulling tab.

In Saucepan:  
Heat saucepan of boiling water. Place unopened tray in water and simmer for 15 minutes. Check food is piping hot throughout before serving. Carefully peel back lid by pulling tab.

**SHELF LIFE:** 12 months at room temperature without refrigeration.  
Packaged in a protective atmosphere.  
Consume immediately after opening.

**MICROBIOLOGY :** commercial sterile

### **NUTRITIONAL VALUES :**

<b>Nutritional values</b>	<b>100g</b>	<b>Portion (350g)</b>	<b>%RI/Portion</b>
Energy	434 kJ/103 kcal	1519 kJ/361 kcal	18%
Fat	1.4g	4.9g	7%
hereof saturates	0.48g	1.7g	8%
Carbohydrates	17g	60g	23%
hereof sugar	0.8g	2.8g	3%
Protein	4.2g	15g	29%
Salt	0.63g	2.19g	36%