



TECHNICAL SPECIFICATION

PRODUCT: CHICKEN YELLOW CURRY WITH RICE 350G

INGREDIENTS: Cooked rice 51% (water, rice, rapeseed oil, sunflower oil, salt), water, chicken 15% (chicken, water, starch, dextrose, salt), pineapple 5% (pineapple, water, sugar), onions 4% pineapple concentrate, modified starch, cream (contains **milk**), **milk** powder, curry 0.3% (contains **mustard**), salt, flavouring, herbs, spices, acid regulator: glucono-delta lactone

ALLERGEN INFO: For allergens see ingredients in **bold**
Produced in a company where peanuts and other nuts are processed

WEIGHT : 350g e

PREPARATION: In microwave:
Pierce both sides of film lid and cook on full power for 3 min. in a 750 W microwave. Leave for 1 minute and carefully peel back lid by pulling tab.

In Saucepan:
Heat saucepan of boiling water. Place unopened tray in water and simmer for 15 minutes. Check food is piping hot throughout before serving. Carefully peel back lid by pulling tab.

SHELF LIFE: 12 months at room temperature without refrigeration.
Packaged in a protective atmosphere.
Consume immediately after opening.

MICROBIOLOGY: Commercial sterile

NUTRITIONAL VALUES :

Nutritional values	100g	Portion (350g)	%RI/Portion
Energy	439kJ/104kcal	1537kJ/364kcal	18%
Fat	1.5g	5.3g	8%
Hereof saturated	0.4g	1.5g	8%
Carbohydrates	17g	60g	23%
Hereof sugar	2.7g	9.5g	11%
Protein	4.8g	17g	34%
Salt	0.90g	3.2g	53%