



18/08/17

TECHNICAL SPECIFICATION

PRODUCT: CHICKEN GREEN CURRY WITH JASMIN RICE 350g

INGREDIENTS: Cooked Jasmine rice 51% (water, Jasmine rice), chicken 15% (chicken 85%, water 10%, corn starch, salt), coconut milk 13% (coconut extract, water), water, zucchini 6%, curry paste 6% (herbs, spices, sugar, rice bran oil, fish sauce (anchovy (**fish**), salt, sugar), salt, shallot), corn starch, herbs, sunflower oil, rapeseed oil, spices, thickening agent: xanthan gum

ALLERGEN INFO: For allergens see ingredients in **bold**
Produced in a company where peanuts and other nuts are processed

WEIGHT : 350g e

PREPARATION: In microwave:
Pierce both sides of film lid and cook on full power for 2.5 min. in a 750 W microwave. Leave for 1 minute and carefully peel back lid by pulling tab.

In Saucepan:
Heat saucepan of boiling water. Place unopened tray in water and simmer for 15 minutes. Check food is piping hot throughout before serving. Carefully peel back lid by pulling tab.

SHELF LIFE: 12 months at room temperature without refrigeration.
Packaged in a protective atmosphere.
Consume immediately after opening.

MICROBIOLOGY: Commercial sterile

NUTRITIONAL VALUES :

Nutritional values	100g	Portion (350g)	%RI/Portion
Energy	614 kJ/146 kcal	2149 kJ/511 kcal	26%
Fat	3.8g	13.3g	19%
Hereof saturated	2.4g	8.4g	42%
Carbohydrates	22.0g	77.0g	30%
Hereof sugar	1.7g	6.0g	7%
Protein	5.7g	20.0g	40%
Salt	0.62g	2.17g	36%